

Medical Match

Direct Hire and Contract Staffing

SEPTEMBER 2010 Need desk or clinical staff, billers or management? 303-980-1000

1943 Guide to Hiring Women

With a manpower shortage during World War II, the transportation industry hired women to fill the jobs. Western Properties had a list on selecting the most efficient candidates. Times have changed....

1. **Pick young married women.** They usually have more of a sense of responsibility than their unmarried sisters. They are less likely to be flirtatious. They need the work, or they wouldn't be doing it.
2. When you have to use older women, try to get ones who have worked outside the home. **Older women who have never contacted the public...are inclined to be cantankerous and fussy.**
3. General experience indicates that **"husky" girls** – those who are just a little on the heavy side – **are more even tempered and efficient** than their underweight sisters.
4. Retain a physician to give each woman you hire a physical examination – one covering female conditions. This step not only protects the property against lawsuit, but reveals whether the employee-to-be has **any female weaknesses to make her mentally or physically unfit for the job.**
5. Give the female workers day-long schedules; **they lack initiative in figuring schedules by themselves.**
6. Be considerate about using strong language. **She'll grow to dislike a place if she hears too much of it.**

Holistic Health

In addition to wonderful advances in traditional medicine, magazines, books, and the Web often feature holistic methods as complimentary healing techniques. Some are covered by health insurance.

ACCUPRESSURE – Hands & fingers release energy blocks and reduce pain by pressing associated points.

ACUPUNCTURE – Hair-thin needle placement energizes, relaxes, and/or releases a body's pain killers.

ALEXANDER TECHNIQUE – Exercises extend the range of body motion: balance, coordination, support.

BIOFEEDBACK – Techniques help the mind control involuntary body processes, like blood pressure.

CHIROPRACTIC – The trained chiropractor unblocks nerve interferences to increase healing.

CRANIAL SACRAL THERAPY Non-invasive hand placements help release energy and increase vitality.

EMOTIONAL FREEDOM TECHNIQUE – EFT. By specific tapping, "stuck" emotions loosen or release.

HUNA – 'Ho'o pono pono" Loving yourself improves yourself *and* changes the outside world.

MASSAGE – Hand techniques increase oxygen and blood flow to release and relax tense locations.

PAST LIFE REGRESSION – Using deep relaxation, a client may recognize and learn from past experiences.

REFLEXOLOGY – The practitioner presses specific feet and hand areas to energize body parts.

REIKI – The trained practitioner directs life force energy by laying-on-of-hands, re-balancing the patient.

ROLFING – Slow, deep stretching around the joints releases stuck tissues and aligns the body.

Positive Attitude

"Turn your face to the sun, and your shadows will fall behind you." Mauri proverb

"There are as many special occasions in life as we choose to celebrate." Robert Brault

"If you aren't fired with enthusiasm, you will be *fired* with enthusiasm." Vince Lombardi

"It's not what has been taken away from you that counts; it's what you have left." Hubert Humphrey