

THINK SPRING!

Looking for medical or dental pros? Give us a call. 303-980-1000. We receive hundreds of resumes monthly! Medical Match is a Colorado medical staffing service, providing **direct hire, contract personnel, and background searches**. Our archived monthly newsletters are also on-line: www.medicalmatch.net

Colorado Vital Records

If needing an official copy of either a Colorado **birth** (from year 1910 on) or **death** certificate (from 1900 on), each can be purchased on-line at www.colorado.gov. Applications can be downloaded. If you prefer to go in person or mail your application: **Colorado Dept. of Public Health and Environment, Vital Records Section, 4300 Cherry Creek Drive South, HSVRD-VS-A1, Denver Colorado 80246-1530.** \$15 ea. for the first copy, \$6 for each additional copy. Phone: 303-692-2200; Fax: 303-691-9307

Marriage or **divorce** verifications can be purchased from the Colorado District Courts in the *county* in which they were issued. \$15 ea. (Marriages from 1900-1939 and 1975-current; divorces 1900-1939, 1968-current.)

Health Advocate Services

Watch for health advocate services, a new benefit option for employees. These companies *confidentially* guide people through insurance plan problems, educate on healthcare topics, find high quality medical specialists and treatments, and support clients through medical emergencies. Costs range \$1-4 per employee/mo. Health advocates appear to be attracting large corporations and self-funded insurance plans.

Computer Help

Is your computer responding slowly? Common causes are uninvited viruses, adware, "cookies", Trojans, worms, spyware, and dialers which use your computer or steal information. They covertly activate while your computer is on and your own programs become slower. In addition to the highly recommended **Norton Anti-Virus** and **Spy Sweeper** which need to be purchased and installed, computer maintenance expert Rick Roundy at Six Hat Technologies, 303-766-7401, directed us to two **free** protection programs: **Spybot** and **Ad Aware**. Although we use Spybot, when running Ad Aware the first time we removed 200 hidden attachments on one of our computers. www.sixhattech.com.

A Special Story...

A well-known speaker started off his seminar by holding up a \$20.00 bill. To his audience he said, "Who would like this \$20?" Hands started going up.

He said, "I am going to give this \$20 to one of you but first, let me do this." He crumpled up the \$20 dollars. Then he asked, "Now who still wants this?" Still hands were in the air. Then he dropped it on the ground and started to grind it into the floor with his shoe. "Now who wants it?" The hands stayed in the air.

"My friends, we have all learned a valuable lesson. No matter what I did to the money, you still wanted it because it did not decrease in value. It was still worth \$20. Many times in our lives, we are dropped, crumpled, and ground into the dirt by circumstances or decisions we make. We feel as though we are worthless. BUT no matter what has happened or what will happen, you will never lose your value. Dirty or clean, crumpled or finely creased, you are still priceless. The worth of our lives comes in not what we do or who we know, but by who we are. YOU ARE SPECIAL; don't ever forget it." Forwarded by Rex Gamble